



FutureSelves

FutureSelves in Schools

What is FutureSelves?

FutureSelves is an online questionnaire and resources to help young people understand themselves, realise their aspirations, and engage positively with the world around them. FutureSelves helps with:

- Identifying vocational and personal interests
- Raising student engagement
- Building awareness of barriers, opportunities, and choices
- Finding new goals for young people and working out how to achieve them.



FutureSelves Benefits:

- Increases Student Achievement
- Engages students in education and therefore they try harder
- Saves time by effectively gaining careers information to work with
- Students make informed course selection relevant to them
- Students become more self aware and make informed career plans

Key Points

- **Education Plans** – meaningful to the student and revisited
- **Careers** – students more self aware & informed about careers
- **Retention** – we help students engage in education by helping them see the relevance of education so they stay at school
- **Curriculum & NCEA** – fits with curriculum, easy to use resources
- **Gateway/Transition** – gives focus at the beginning of the year and goals to work towards
- **Community** – shared information with parents, whanau etc

Where did it come from?

FutureSelves is a New Zealand developed tool, based on research at Victoria University. Since July 2002 it has been used in New Zealand, Hong Kong, Australia, Britain and America.

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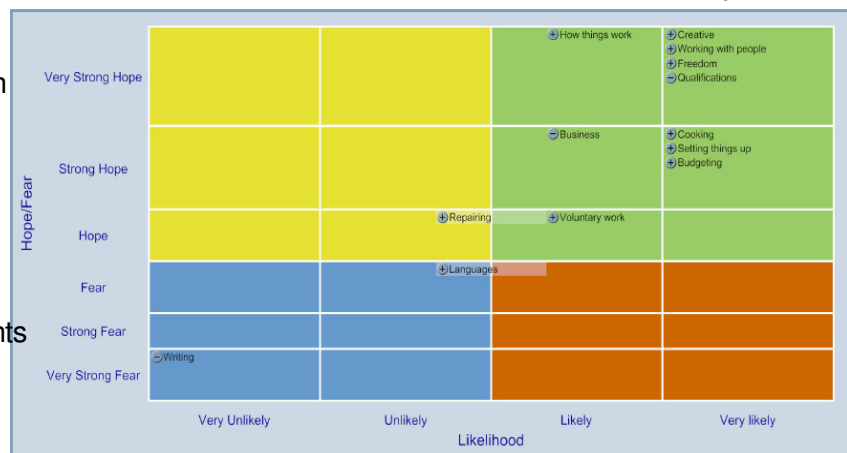
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www.futureselves.co.nz

Why do schools like FutureSelves?

- It can be used with individuals or in class settings
- Valuable information about a student can be obtained quite quickly and in a non-threatening manner
- Teachers like it because it comes with easy to use lesson plans and workbooks, and makes students easier to manage.
- Students like it because it is about them and they see a point to be in school.
- It can help to engage alienated students and develop alternative behaviour for them
- The software can be a good investment for a school which uses it across different departments. Uses include:

- ✓ Careers and Transition
- ✓ Course selection
- ✓ Gateway
- ✓ Health syllabus
- ✓ Guidance counselling
- ✓ Helping teenage parents



How is it used?

Students enjoy going through the software. They answer a computerised questionnaire that takes 15 to 40 minutes to complete. The questions include Skills & Interests, Career Options, Personal Values and Lifestyle choices.

The software generates graphs and tables of the student's responses. The trained staff member then works with the student, either individually/group or class, to work out what these mean to the student, how to make plans from what has been learnt, and how to make progress on these plans. We provide information and materials such as workbooks to help with this process.

Pricing

FutureSelves Site License from \$395 - \$1,950 (School roll dependent)

FutureSelves Training per person: \$395

FutureSelves Renewal (included in first year): \$295 - \$695

All prices exclude gst and are subject to FutureSelves terms and conditions.

Quotations

"As I answered the questions, I felt I was being asked to think about things in life that I wouldn't have otherwise considered. This really helped with planning my career pathway, seeing the connections" (Year 13 new migrant student)

As a very quiet student said when asked about her ideas... "I don't have any 'hopes' in life. I don't know what to say." After completing the questionnaire..... "Now that I have this FutureSelves document, I can see I have something to start with."

"FutureSelves is successful for engaging and empowering students for future connections and success!" School Careers Counsellor.